

# VR1 LAT ROW

## SPACE/COST SAVING DUALS

For facilities that are watching their budget and operate in limited space, the VR1 Duals are the answer. An extension of the VR1 line, Duals further capitalize on the compact VR1 footprint by using multi-function mechanisms to get two exercises in one machine. These units provide exceptional flexibility and carry with them all of the same line features and benefits that VR1 provides.

## ENGINEERED FOR VALUE

Cybox is known for strength training equipment that is scientifically engineered to produce faster fitness results. We took that excellence and reduced it in size and complexity to form the VR1 line of selectorized products. This is the selectorized line that can fit the space and budget of a wide range of facilities.

## ABOVE, BELOW & BEYOND

The VR1 Lat-Row goes well beyond what other dual Lat-Rows are capable of. The unique rotating arm allows the handles to be positioned in any one of nine positions providing everything from a traditional lat pull to a low row.

## EASY FEELING

The **dual grips** allow for independent exercise while the bearing support guides allow the cable to track effortlessly with the user's motion.

## STABILIZATION DURING MOVEMENTS

The adjustable thigh support adjusts for user height and provides for stabilization in lat and incline pull motions, while the foot bar **provides for stabilization** during row movements.

## Specifications

Product Number	13250
Dimensions (L x W x H)	73" x 50" x 83" (185 cm x 127 cm x 211 cm)
Weight w/ Standard Stack	496 lbs (225 kg)
Standard Stack	220 lbs (100 kg)
Weight w/ Light Stack	426 lbs (194 kg)
Light Stack	150 lbs (68 kg)
Color	Available in 5 standard or a virtually unlimited variety of custom frame colors



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