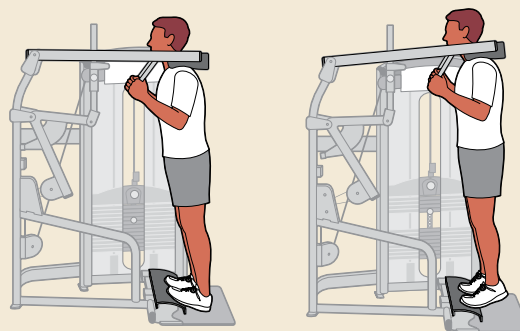


# VR3 Standing Calf



## Specifications


Product Number	12120
Dimensions (L x W x H)	48" x 37" x 68" (122 cm x 94 cm x 173 cm)
Weight w/ Standard Stack	590 lbs. (268 kg) (estimated)
Standard Stack	305 lbs. (138 kg)
Weight w/ Heavy Stack	690 lbs. (314 kg) (estimated)
Heavy Stack	405 lbs. (184 kg)



### COMFORTABLE POSITIONING

VR3 uses the familiar and comfortable standing position to train calf muscles. The shoulder pads are angled to match the natural angle of the shoulder which also offers better exercise comfort.

### REDUCED STRESS ON THE BACK

The adjustable input arm allows users to adjust for height. This advantage means that they can just "stand and go" as opposed to getting into a squat position to begin exercise. 

### BIG FOOT

A large curved foot platform allows for varied foot placement while the non-slip surface provides grip and support during the motion.

### GREAT FOR SENIORS

Strong calf muscles help maintain proper gait and are an integral part of any fall prevention regimen in seniors. The Standing Calf exercise is designed to strengthen calf muscles in a way that is user-friendly to older exercisers.

### CYBEX Safety Feature

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