

E520 FLUID ROWER

*Experience the World's finest
rowing ergometer*

**STYLE DURABILITY RUGGED
PERFORMANCE**

Industry-best on-water rowing emulation with natural catch, feel and adjustable resistance from feather light to Olympic rowing. Suits all needs and aspirations.

The E-520 Fluid Rower adds innovation to your gym equipment mix. Brings comfort, convenience, and delivers results for your club members.

Many facilities use it as their key go-to equipment when wanting to demonstrate innovation in fitness or a real sensitivity to user needs.



Give your members a real rowing experience with the closest rowing emulation – it's like rowing on water. Sight, sound, and feel of river rowing. The E-520 represents the highest quality indoor rowing experience offering an industry-best on-water rowing emulation with a natural catch and resistance through the stroke along with unmatched durability and an unprecedented 20 levels of patented variable resistance.

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FEATURES AND BENEFITS

- Full commercial machine designed for heavy duty service. 20 Level Patented Variable Fluid Resistance Absolute Comfort, Stability & Performance with Widest Range of Resistance Available
- Height Adjustable footplates with Advanced Heel Cradle footboard design (Reg. Design) and straps to ensure optimal foot placement and comfortable rowing position.
- Compact side mounted tank design delivers ease of adjustment.
- Interactive Performance Monitor (IPM) with USB port: The IPM displays: time; speed; distance; stroke rate; calories per hour; watts; 20 level adjustment, pacer, and has a heart rate receiver built in. The IPM gives you quick start, manual programs, interval training, USB port allows interactive programming.
- Fitted with Heart Rate sensor as standard compatible with all main HR belts
- 6 previous workout memories and a unique pacer system.
- Unmatched Durability - Virtually Maintenance Free
- Strikingly attractive blue polycarbonate tank with contrasting seal
- Deluxe ergonomic handle allows comfortable grip and minimised strain on forearms, wrists and hands
- Low noise Belt Drive - No Chains to lubricate
- World's Most Comfortable Seat at "Office Chair" Height. Optional Back Support (Not Included). May be purchased separately to add lumbar support to the rower.
- Concealed Air-Glide Seat Rollers for safer and cleaner continuous smooth operation
- Rubber feet for adhesion to floor surfaces and to prevent damage
- Rubber dipped retainer for damage free handle stowage when not in use
- "Easy roll" transport wheels
- Unique rugged heel support assembly
- Maximum user weight 204kg (450lbs). Dimensions: 190 x 71 cm (75 x 28") in use. Stands for compact storage.
- International full commercial warranty: 10 years on frame, 3 years on tank & seals, 2 years monitor and wear items

